

CHECK LIST
FOR EMERGENCY MEDICAL RESPONSE TO YOUR HOME

- Make sure house address numbers are visible from the street. Should be a minimum of 4 inches tall and lighted at night.
- If the loved one is bed ridden, consider moving them to a downstairs bedroom or living room.
- Maintain a clear pathway to and around the ill person for easy access for emergency personnel.
- **Keep all medications in one location, but out of reach of children**
- Make a list of current medications being used.
- Note any allergies to medications.
- Write down medical history of the ill person.
- **Give copies of the lists of medication's and health history to family members or any one who may be caring for the ill person.**
- Post medical information next to the bed or on the refrigerator door.

“DO NOT RESUSITATE” ORDER (DNR)

IF A PERSON IS DIAGNOSED AS TERMINALLY ILL, WITH NO POSSIBILITY OF SURVIVAL, THEY MAY ELECT TO NOT HAVE THEIR LIFE PROLONGED BY ADDITIONAL LIFE SUPPORT AT THE TIME OF DEATH. A REQUEST CAN BE MADE FOR A “DO NOT RESUSITATE” ORDER. HERE’S HOW:

- ⇒ **A person who wishes to not be resuscitated must prepare by asking their physician to write a valid DNR (Do Not Resuscitate) order. It should be posted clearly in the home, on the refrigerator door or next to the bed. Copies should also be given to anyone who may be caring for the ill person, and family members should be prepared for their loved one’s wishes to be carried out.**
- ⇒ **A valid DNR must be dated, have the name of the person it is for, the words “Do Not Resuscitate” or “No Code” and the physicians signature.**

MANY ELDERLY OR TERMINALLY ILL PEOPLE CHOOSE TO DIE AT HOME.
TO HELP YOURSELF PREPARE FOR THE PASSING OF A LOVED ONE:

- ⇒ **Contact your local Hospice for in-home counseling and care. Hospice can be found in the yellow pages.**
- ⇒ **Contact your pastor, priest, Rabbi or other clergy who may also be available at the time of death.**
- ⇒ **Arrange for burial and funeral plans well ahead of time. This will allow you more time to spend with family and friends at your time of loss.**